

HANFORD

CANNING AWARDS

SILVER



INTRODUCTION

Welcome to the Canning Awards.

These awards are inspired by the founders of our school, the Canning family.

The Reverend Clifford Canning and Mrs Cannning bought Hanford in 1947 and converted the mansion into a school. They had three daughters and Sarah Canning, who taught Latin and Riding, took over the running of the school in 1959.

The Cannings believed that children should be free to enjoy their childhood and to develop as individuals in an environment of mutual respect and trust, whilst being given the opportunity to fulfil their potential in all aspects of school life. This vision is central to the ethos of Hanford today.

These awards are a series of mini challenges that increase in difficulty as you grow through the school. Younger girls start at the Bronze level then progress onto the Silver and ultimately finish with Gold in the final Upper Sixth year. New girls arriving at Hanford start at the appropriate age related level. The challenges are designed for you to not only develop new skills and abilities but also for you to learn more about yourself and your character strengths, such as how organised and resourceful you are or how you cope under pressure.

Good luck and enjoy the challenges.

THE SILVER AWARD

OBJECTIVES

This award will compliment a Hanford education by actively encouraging a “Give it a go” spirit through a series of challenging, engaging and rewarding activities. There are five categories:

- Skills
- Creativity
- Communication
- Outdoor Learning and Adventure
- Community Spirit and Volunteering
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You will need to complete 10 activities, selecting two from each category. In addition to the activities, there is a list of essential experiences which will help build your confidence, resilience and independence.

If the award is not completed within an academic year, it may be continued the next year.

AIMS OF THE CANNING AWARD

- To develop self-esteem and confidence
- To overcome fears and concerns
- To take responsibility and make decisions
- To build trust in yourself and others
- To discover your own strengths and weaknesses

ASSESSMENT OF THE AWARD

Each individual activity or challenge will be supervised by a member of staff who will make an assessment on the following:

- Overall effort, input and engagement
- Planning and progress

They will also be able to help you with your self-assessment.

SKILL

Activity:

TASK:

Self-assessment:

Date:

Signed:

SKILL

Activity:

TASK:

Self-assessment:

Date:

Signed:

CREATIVITY

Activity:

Task:

Self-assessment:

Date:

Signed:

CREATIVITY

Activity:

Task:

Self-assessment:

Date:

Signed:

COMMUNICATION

Activity:

Task:

Self-assessment:

Date:

Signed:

COMMUNICATION

Activity:

Task:

Self-assessment:

Date:

Signed:

OUTDOOR LEARNING & ADVENTURE

Activity:

Task:

Self-assessment:

Date:

Signed:

OUTDOOR LEARNING & ADVENTURE

Activity:

Task:

Self-assessment:

Date:

Signed:

COMMUNITY SPIRIT & VOLUNTEERING

Activity:

Task:

Self-assessment:

Date:

Signed:

COMMUNITY SPIRIT & VOLUNTEERING

Activity:

Task:

Self-assessment:

Date:

Signed:

THE SILVER AWARD

Essential Experience List

Completed

Signed

Go sightseeing/visit a museum or art gallery

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Learn how to check the oil in a car

.....

Donate some clothes to charity

.....

Learn how to iron a shirt

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Complete a jigsaw puzzle

.....

Change a bicycle tyre

.....

Hand-wash a woolly jumper

.....

Find out about your family history

.....

Read or speak in public e.g. in Chapel

.....

Perform a duet or solo

.....

Set yourself a physical challenge

.....

Write a letter to your grandparents

.....